

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Curriculum Enrichment	<p>Activity: The Importance of Breakfast <i>Discuss the importance of breakfast (i.e., five food groups, important meal of the day, energy and nutrition)</i></p> <p>Objective: 110.2(b)(1)(A) Listen actively and ask questions to understand information and answer questions using multi-word responses</p>	<p>Activity: Name Foods in the 5 Food Groups <i>Review and name foods in the five food groups (grains, fruits, vegetables, dairy, and proteins)</i></p> <p>Objective: 115.2(b)(1)(B) Identify types of foods that help the body grow such as healthy breakfast foods and snacks</p>	<p>Activity: Healthy Breakfast Foods <i>Discuss which foods are healthy choices for breakfast and the foods that are not</i></p> <p>Objective: 115.2(b)(1)(B) Identify types of foods that help the body grow such as healthy breakfast foods and snacks</p>	<p>Activity: Putting Breakfast Foods in Their Place <i>Create a “plate” using a poster board, and have students practice putting food in the correct food group</i></p> <p>Objective: 110.2(b)(1)(D) Work collaboratively with others by following agreed-upon rules for discussion, including taking turns</p>	<p>Activity: Easy Banana Bread <i>Make banana bread by pouring, smashing, and stirring the required ingredients</i></p> <p>Objective: 110.2(b)(1)(D) Work collaboratively with others by following agreed-upon rules for discussion, including taking turns</p>

Group Activities
<i>Whole group activities listed above</i>
Note: Time will be provided to complete school work
Classroom Instruction Guidance:
<ul style="list-style-type: none"> • Scaffolding Skill Development –
Additional Accommodations:
<ul style="list-style-type: none"> • Dual Language Learners –

CLASSROOM: School-age 1 (Pre-K through 1st) **THEME:** Breakfast Basics

WEEK OF: August 30 – September 3, 2021

- Differing Abilities –

Materials Needed/Changes to the Learning Environment:

Learning Centers:

- Dramatic Play – Grocery store “H-E-B”
- Science – Measuring cups and spoons; chart of the human body and/or the food groups
- Math – food group sorting activity
- Reading – books on cooking, baking, and nutrition
- ABC – practice writing cards with food and nutrition terms

Resources Used:

- Purchased curriculum used:
- Food Program Weekly Thematic Unit (enrichment activities)
- TEA Texas Essential Knowledge and Skills
 - o Monday:
[https://texreg.sos.state.tx.us/public/readtac\\$ext.TacPage?sl=R&app=9&p_dir=&p_rloc=&p_tloc=&p_ploc=&pg=1&p_tac=&ti=19&pt=2&ch=110&rl=2](https://texreg.sos.state.tx.us/public/readtac$ext.TacPage?sl=R&app=9&p_dir=&p_rloc=&p_tloc=&p_ploc=&pg=1&p_tac=&ti=19&pt=2&ch=110&rl=2)
 - o Tuesday & Wednesday:
[https://texreg.sos.state.tx.us/public/readtac\\$ext.TacPage?sl=R&app=9&p_dir=&p_rloc=&p_tloc=&p_ploc=&pg=1&p_tac=&ti=19&pt=2&ch=115&rl=2](https://texreg.sos.state.tx.us/public/readtac$ext.TacPage?sl=R&app=9&p_dir=&p_rloc=&p_tloc=&p_ploc=&pg=1&p_tac=&ti=19&pt=2&ch=115&rl=2)
 - o Thursday & Friday:
[https://texreg.sos.state.tx.us/public/readtac\\$ext.TacPage?sl=R&app=9&p_dir=&p_rloc=&p_tloc=&p_ploc=&pg=1&p_tac=&ti=19&pt=2&ch=110&rl=2](https://texreg.sos.state.tx.us/public/readtac$ext.TacPage?sl=R&app=9&p_dir=&p_rloc=&p_tloc=&p_ploc=&pg=1&p_tac=&ti=19&pt=2&ch=110&rl=2)