

CONNECT TO THE CLASSROOM

Be Predictable

During the Be Predictable T3 video, the teacher avoids a power struggle by approaching the toddler in a calm, warm, and consistent way to support and help him follow directions. After several requests to come and wash hands, the teacher carries the toddler to the sink. She warmly narrates, “scrub, scrub, scrub,” while providing him gentle hand-over-hand scaffolding. She is consistent and predictable in the way she offers support.

Practice applying the key concepts demonstrated in this activity on your own:

- Remain calm so that the toddler feels safe.
- Gently provide hand-over-hand support, if needed.
- Follow through with promises to ensure that the toddler builds a trusting relationship with the teacher and sees her as a safe and secure base.

When you are finished, reflect on the following questions:

1 What do you do to be predictable? How do the children respond?

2 What do you say to show that you support the children?

3 Why is it important to follow through with your promises?

4 What could you do differently to ensure that you are predictable?

