



CONNECT TO THE CLASSROOM

Follow Consistent Daily Schedules and Routines

During the Follow Consistent Daily Schedules and Routines T1 video, the teacher connects specific words and actions to use as a transition song. She sings specific directions for the child to follow: "Time for lunch. Time for lunch. What shall we do? What shall we do? Let's go find a chair. Let's sit down."

Practice applying the key concepts demonstrated in this activity on your own:

- Sing a song during transitions.
- Add simple one-step directions to any familiar tune.

When you are finished, reflect on the following questions.

1 What do the children do that shows they do not understand what to do during the transition? What are they doing during this time that is chaotic?

2 Think about this situation and make up simple instructions that will help children understand what to do. What are these instructions?

3 What tunes do you know that could be used with these steps? Make sure it's a simple tune.

4 Next time, what could you do differently to create a helpful transition song?
