

Book Club!

Recommended Reading to Support Infant & Toddler Social and Emotional Development

From *Connect with Me: Promoting Early Social & Emotional Development*

Books to Support Emotional Development

Baby Faces by Margaret
Miller

Baby Faces: Hugs & Kisses
by Roberta Grobel
Intrater

Baby Faces: Smile! by
Roberta Grobel Intrater

Bear Feels Scared by
Karma Wilson

*Can You Make a Happy
Face?* by Janice Behrens
and Scholastic

Daniel Gets Scared by
Maggie Testa

Feeling Happy by Ellen
Weiss

Glad Monster, Sad Monster
by Ed Emberley & Anne
Miranda

*Go Away, Big Green
Monster!* by Ed Emberley

Grumpy Cat by Britta
Teckentrup

*Happy and Sad, Grouchy
and Glad* by Constance
Allen

Happy Hippo, Angry Duck
by Sandra Boynton

*How Do Dinosaurs Say I'm
Mad?* by Jane Yolen and
Mark Teague

*How Do I Feel? Cómo me
siento?* by the Editors of
The American Heritage
Dictionaries

How Do You Feel? by Jodie
Shepherd

How I Feel Angry by
Marcia Leonard

How I Feel Frustrated by
Marcia Leonard

How I Feel Proud by
Marcia Leonard

How I Feel Scared by
Marcia Leonard

How I Feel Silly by Marcia
Leonard

How Is Daniel Feeling? by
Maggie Testa

How Kind! by Mary
Murphy

I Am Happy by Steve Light

*I Feel Happy and Sad and
Angry and Glad* by Mary
Murphy

I'm Feeling Happy by
Natalie Shaw

I'm Feeling Mad by Natalie
Shaw

I'm Feeling Sad by Natalie
Shaw

I'm Feeling Silly by Natalie
Shaw

I'm Feeling Thankful by
Natalie Shaw

I Was So Mad by Mercer
Mayer

*If You're Happy and You
Know It* by James Warhola

*If You're Happy and You
Know It* by Will Grace

If You're Happy and You Know It! by Jane Cabrera

If You're Happy and You Know It, Clap Your Hands! by David Carter

Kiss It Better by Hiawyn Oram

Knuffle Bunny: A Cautionary Tale by Mo Willems

Let's Talk About Feeling Sad by Joy Berry

Little Yoga by Rebecca Whitford and Martina Selway

Llama Llama Misses Mama by Anna Dewdney

Making Faces: A First Book of Emotions by Abrams Appleseed

My Friend is Sad by Mo Willems

Lots of Feelings by Shelley Rotner

Peekaboo Morning by Rachel Isadora

Proud of Our Feelings by Lindsay Leghorn

See How I Feel by Julie Aigner-Clark

Sleepy Little Yoga by Rebecca Whitford and Martina Selway

The Feel Good Book by Todd Parr

The Feelings Book by Todd Parr

The Way I Feel by Janan Cain

Things That Make You Feel Good, Things That Make You Feel Bad by Todd Parr

Toby's Silly Faces by Cyndy Szekeles

What Makes Me Happy? by Catherine & Laurence Anholt

When I Feel Sad by Cornelia Maude Spelman

When I Feel Scared by Cornelia Maude Spelman

When I'm Feeling Angry by Trace Moroney

When I'm Feeling Happy by Trace Moroney

When I'm Feeling Kind by Trace Moroney

When I'm Feeling Lonely by Trace Moroney

When I'm Feeling Loved by Trace Moroney

When I'm Feeling Sad by Trace Moroney

When I'm Feeling Scared by Trace Moroney

Books to Support Social Development

ABC Look At Me by Roberta Grobel Intrater

A Big Guy Took My Ball by Mo Willems

Be Gentle! A Story About Playing Nicely by Virginia Miller

Best Friends by Charlotte Labaronne

Big Brother Daniel by Angela C. Santomero

Calm-Down Time by Elizabeth Verdick

Can I Play Too? by Mo Willems

Clean-Up Time by Elizabeth Verdick

Daniel Chooses to Be Kind by Rachel Kalban

Daniel Feels Left Out by Maggie Testa

Daniel Learns to Share by Becky Friedman

Daniel's New Friend by Becky Friedman

Excuse Me!: A Little Book of Manners by Karen Katz

Feet Are Not for Kicking by Elizabeth Verdick

Hands Are Not for Hitting by Martine Agassi

Hands Can by Cheryl Willis Hudson

How Do Dinosaurs Play with Their Friends? by Jane Yolen and Mark Teague

I Can Share! by Karen Katz

I Love My New Toy by Mo Willems

I'll Wait, Mr. Panda by Steve Antony

I'm a Big Brother by Ronne Randall and Kristina Stephenson

I'm Sorry by Sam McBratney

King Daniel the Kind by Angela C. Santomero

Llama Llama Time to Share by Anna Dewdney

Manners Time by Elizabeth Verdick

Mine! A Backpack Baby Story by Miriam Cohen

My Friend and I by Lisa Jahn-Clough

My Friend Bear by Jez Alborough

My New Friend Is So Fun! by Mo Willems

No Biting! by Karen Katz

No Hitting! by Karen Katz

Quiet Loud by Leslie Patricelli

Sharing Time by Elizabeth Verdick

Should I Share My Ice Cream? by Mo Willems

Teeth Are Not for Biting by Elizabeth Verdick

Thank You Day by Farrah McDoogie

The Baby Is Here! by Angela C. Santomero

The Little Engine That Could: An Abridged Edition by Watty Piper and George & Doris Hauman

The Little Mouse, the Red Ripe Strawberry, and the Big Hungry Bear by Don & Audrey Wood

The Thank You Book by Mo Willems

Time To Say "Please"! by Mo Willems

Waiting Is Not Easy! by Mo Willems

Words Are Not for Hurting by Elizabeth Verdick

Worries Are Not Forever by Elizabeth Verdick

You Can Do It, Sam by Amy Hest

Resources for Teachers

Center on the Developing Child: <https://developingchild.harvard.edu/>

Center on the Social and Emotional Foundations for Early Learning (CSEFEL):

<http://csefel.vanderbilt.edu/>

Kids Matter: <https://www.kidsmatter.edu.au/mental-health-matters/social-and-emotional-learning>

National Association for the Education of Young Children (NAEYC): <https://www.naeyc.org/>

Zero to Three: <https://www.zerotothree.org/>