

cli•engage

PALS Spotlights

PALS Spotlights are videos that highlight key concepts from the research-based *Play and Learning Strategies* (PALS) program. PALS helps families interact with their infants, toddlers, and three-year-olds in responsive, stimulating ways that support their social-emotional, cognitive, and language development. The videos show how to use PALS strategies throughout the day, during play, and during daily routines.

Which strategies do I want to learn more about?

- Encouraging Your Child To Cooperate
- Help Your Child Learn to Behave
- Reading with Your Child
- Responding to Your Child When It's Difficult to Do So
- Responding to Your Child's Negative Signals
- Responding to Your Child's Positive Signals
- Sharing Books with Your Child
- Talking to Your Child

How can I use these videos?

- Share link with families to view at home
- Watch together with families and use discussion points
- Use as a self-reflection in small group setting
- Topic for family workshop or large event

How do I access PALS Spotlights?

1. Go to cliengagefamily.org
2. Hover at the top: Explore Early Learning
3. Click: Children's Development Resources
4. Click the button to explore PALS Spotlights

Or scan the QR code with your smartphone

