

CONNECT TO THE CLASSROOM

Encourage Effort and Persistence

In the toddler 1 video, the teacher motivates the child to open a box with a toy inside. When the child says "Help," the teacher acknowledges her words and then encourages her to keep trying. The teacher encourages effort and persistence by:

- saying, "I think you can; you almost have it"
- using an animated voice
- suggesting a specific action, like, "Pull it hard"
- celebrating the child's the joy and surprise when the lid comes off

Practice applying the key strategies demonstrated in this interaction on your own:

- Choose a task that is challenging for the child but achievable with effort.
- Use an animated voice and provide positive encouragement, like, "I think you can," and "You almost have it".
- Suggest a specific action, like, "Pull it hard".
- Celebrate the child's accomplishment.

When you are finished, reflect on the following questions:

1

What did you do to encourage effort and persistence?

2

What did you say that was encouraging?

3

What was challenging?

4

What could you have done differently to encourage effort and persistence?

