

CIRCLE Progress Monitoring

Parent Feedback Form: Physical Health and Development

Student Name:	Today's date:
Teacher Name:	

Your child's physical health and development is an area skill development I will be focusing on across the school year. Please use this form to share information that may help me support your child in the classroom.

The skills in this document represent key milestones that children typically reach during the preschool year. It's okay if some of the behaviors and skills included in this form are not familiar to you or are not behaviors you typically watch for in your everyday interactions with your child. Answer to the best of your ability, or select "I'm not sure."

Fine and Visual Motor	
<p>My child . . .</p> <ol style="list-style-type: none"> 1. Is able to pick up small objects (e.g., beans, rice, raisins) easily using a pincer grasp. The pincer grasp occurs when your child uses the index finger and thumb to grasp objects. 2. Is able to complete a range of activities associated with daily living on his or her own (e.g., uses utensils or pours into a glass without help). 3. Is able to participate successfully in activities requiring fine motor dexterity (e.g., completing inset puzzles, linking cubes, building a block tower of 6-8 blocks, and unscrewing jars). 4. Is able to draw some recognizable shapes or designs (e.g., smiley faces, stick figures). 	<p>How many of these skills have you seen your child demonstrate in the last 30 days?</p> <p style="text-align: right;"> <input type="checkbox"/> none <input type="checkbox"/> some <input type="checkbox"/> all <input type="checkbox"/> I'm not sure </p>

Is there anything about your child's skills in this area that you would like to share with me?

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Gross Motor

My child . . .

1. Is able to run and easily change directions and speed.
2. Is able to balance on one foot with no assistance for at least 3 seconds.
3. Is able to hop on each foot for at least two hops.
4. Is able to catch a small ball (e.g., tennis ball) from a distance of at least 4 feet. Note: Catching balls by pulling the ball close to the body or forming a basket with cupped hands is acceptable.
5. Is able to successfully use a variety of outdoor play equipment (e.g., uses slides/swings, pedal tricycles).

How many of these skills have you seen your child demonstrate in the last 30 days?

- none
- some
- all
- I'm not sure

Is there anything about your child's skills in this area that you would like to share with me?

Health Status

My child . . .

1. Is able to distinguish between healthy and less healthy food types
2. Demonstrates an understanding of hygiene practices (e.g., hand washing, covering mouth when coughing).
3. Demonstrates an understanding of safety rules for the playground and community (e.g., no running in the classroom, no walking up or down the slide, and looking both ways prior to crossing the street).

How many of these skills have you seen your child demonstrate in the last 30 days?

- none
- some
- all
- I'm not sure

Is there anything about your child's skills in this area that you would like to share with me?
