In this activity, you will help your child separate 3- and 4-word sentences into individual words. Playing this kind of game will help your child understand that sentences are made up of words. Separating sentences into words is part of “phonological awareness,” which is an important set of skills that comes before learning to read and spell.

Let's Play!

Introduce the activity by letting your child know that sentences are made up of words, and you are going to play a game where he identifies each word in the sentence you say.

Select a sentence that is made of one-syllable words. Example: The bird flies. Say the sentence: The bird flies. Hold up one finger for each word as you say the sentence. The ... (raise one finger and slight pause) bird ... (raise another finger and give a slight pause) flies ... (raise another finger).

Then, hold up one finger for each word as you and your child say the sentence together.

Try another sentence. “The bird flies’ has three words. Now let's try another sentence and I want you to hold up a finger for each word in the sentence. Ready? 'I see grapes.' How many words do you hear? If your child is unable to identify each word, help him by slowing down and putting up your fingers for each word you say in the sentence.

Continue with more sentences.

Examples of simple sentences with one-syllable words.
- It is cold.
- I love you.
- My mom ran.

Once your child has mastered one-syllable word sentences, try more challenging sentences using longer or more words:
- The train is purple.
- Pigs eat apples and pears.
- We like to play outside.

Tips

- For younger children, don’t worry about asking your child directly how many words are in a sentence. Just have them focus on identifying each word.
- Start this activity with short sentences and as the child masters this then increase the number of words in the sentences.
- This is a great activity to use while waiting.